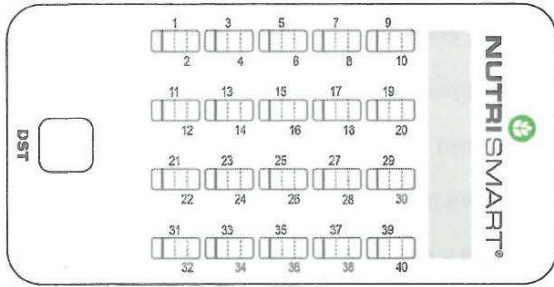




NUTRISMART®

Result Evaluation Sheet



- ! Make sure to perform the test and evaluate test result under proper light conditions.
- ! Compare the result signals (the middle and right band) in each test area with the reference (left control band).

Level	Result	Suggestions
1 	Negative	Keep your current frequency of eating that food.
2* 	Mild Reaction	If food intolerance symptoms are severe, you may consider eliminating them for 1 to 2 months then slowly reintroduce the food back into the diet.
3* 	Positive	An elimination diet for 1 to 2 months followed by slow reintroduction of food back into the diet and re-testing with NutriSMART® is recommended.

*corresponds to a moderate or high sIgG4 level.

Name: Christopher Wong
 Date of birth: 13.08.1985
 Date of test: 19.10.2016
 Signature: _____
 Medical history: _____

The test result is not a result of medical diagnosis and the related information are for personal health reference only, and not for medical diagnosis and/or treatment of disease. The test result and other information do not constitute for professional medical advice. Test client should be responsible for or liable for any misuse or misinterpretation of the information provided.

NUTRISMART® - Level

#Please mark X in the appropriate box to record test result.

Food	1	2	3	Food	1	2	3
1 Wheat	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	21 Egg white	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2 Rye	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	22 Egg yolk	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3 Barley	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	23 Casein	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4 Oat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	24 Cow's milk	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
5 Grain Mix A Buckwheat, Amaranth, Goosefoot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	25 Goat's milk	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
6 Grain Mix B Corn, Rice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	26 Sheep's milk	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
7 Potato	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	27 Cod	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8 Soy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	28 Fish Mix Salmon, Trout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9 Yeast Mix Baker's yeast, Brewer's yeast	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	29 Tuna	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 Gluten	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	30 Seafood Mix Shrimp, Squid, Octopus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11 Peanut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	31 Tomato	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12 Hazelnut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	32 Legume Mix Pea, Green bean	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
13 Almond	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	33 Veg. Mix A Carrot, Celery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14 Banana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	34 Veg. Mix B Cabbage, Broccoli	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15 Fruit Mix A Lemon, Orange	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	35 Leek/Onion Mix Garlic, Onion, Leek	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16 Fruit Mix B Strawberry, Grape, Peach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	36 Lamb/Mutton	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17 Apple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	37 Meat Mix A Pork, Beef	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18 Pineapple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	38 Meat Mix B Chicken, Turkey	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19 Kiwi fruit	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	39 Coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20 Cacao	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	40 Mustard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

